

Archebwch le ar gwrs ym mis Ionawr! Bookings Open for January Courses!



I gofrestru ar gwrs yng Nghanolfan Garth amgylchedd mynd i : / To register on a course at Gartholwg Centre go to:

WWW.gartholwg.org

neu am wybodaeth bellach cysylltwch â : / or for further information contact us :

01443 570075

	Celf a Chrefft	Arts and Crafts	Amser: Time:	Dechrau: Start:	Hyd: Duration:	Pris: Cost:	Sut i Ymrestru: How to Enrol:
Llu Mon	Ffeltio Gwlyb	Wet Felting Group	7:00 – 9:00pm	10/01/2021	Wyth / Wkly	TBC	Bookwhen
Mawrth Tuesday	Peintio Dyfrliw (Pob Lefel)	Watercolour Painting (All Levels)	6:30 - 8:30pm	11/01/2022	6	£40	Bookwhen
	Peintio Dyfrliw (Pob Lefel)	Watercolour Painting (All Levels)	6:30 - 8:30pm	01/03/2022	6	£40	Bookwhen
M W	Celf: Peintio ac Arlunio	Art: Painting and Drawing	10:00 – 12:00	19/01/2022	8	£40 Consesiwn ar gael / Concession available	www.adultlearning.wales/en/course/45215
Iau Thur	Peintio Olew (Pob Lefel)	Oil Painting (All Levels)	1:00 - 3:00pm	06/01/2022	6	£40	Bookwhen
	Peintio Olew (Pob Lefel)	Oil Painting (All Levels)	1:00 - 3:00pm	03/03/2022	6	£40	Bookwhen
Gwener Friday	Blas ar Wydr Lliw	Stained Glass Taster Day	10:00 – 4:00pm	21/01/2022	1	£85	www.catherinedunstanglass.co.uk/stained-glass-courses
	Gwnewch Flwch Trinket Gwydr Lliw	Make a Stained Glass Trinket Box	10:00 – 4:00pm	25/02/2022	1	£85	www.catherinedunstanglass.co.uk/stained-glass-courses
	Diwrnod Creu Gwydr Pasg	Easter Glass Creations Day	10:00 – 4:00pm	01/04/2022	1	£85	www.catherinedunstanglass.co.uk/stained-glass-courses
	Cwra Gwydr Lliw	Stained Glass Course	10:00 -12:00pm	22/04/2022	6	£215	www.catherinedunstanglass.co.uk/stained-glass-courses

	Plant a Phobl Ifanc	Children and Young People	Amser: Time:	Dechrau: Start:	Hyd: Duration:	Pris: Cost:	Sut i Ymrestru: How to Enrol:
Mer Wed	Ioga Mam a Babi (Dros 6 Mis)	Mum & Baby Yoga (Over 6 Months)	12:15 - 1:00pm	12/01/2022	Wyth / Wkly	£8 Y Sesiwn / Per Session	Michelle - 07861873588 pbbwales@gmail.com
	Ioga Mam a Babi (O 6 Wythnos)	Mum & Baby Yoga (From 6 Weeks)	1:30 - 2:30pm	12/01/2022	Wyth / Wkly	£8 Y Sesiwn / Per Session	Michelle - 07861873588 pbbwales@gmail.com
Iau Thursday	Grŵp Pêl-droed(Oed 1.5 – 2.5)	Little Kickers (Age 1.5 – 2.5)	9:30 - 10:00am	yn parhau / continuing	Wyth / Wkly	£29 Mis/Month	Karina – 07740867289 kmiles@littlekickers.co.uk Littlekickers.co.uk
	Grŵp Pêl-droed (Oed 2.5 – 3.5)	Little Kickers (Age 2.5 – 3.5)	10:30 - 11:30am	yn parhau / continuing	Wyth / Wkly	£29 Mis/Month	Karina – 07740867289 kmiles@littlekickers.co.uk Littlekickers.co.uk
	Tylino Babanod	Baby Massage	2:00 – 3:00pm	06/01/2022	Wyth / Wkly	Am Ddim / Free	Sherrie Hawkes sherrie.hawkes@meithrin.cymru
	Dawns Bale, Tap a Modern (Oed 5+)	Ballet, Tap and Modern Dance (age 5+)	4:00 – 5:20pm	06/01/2022	Wyth / Wkly	£7 (1 st Sesiwn am ddim / 1 st session free)	Sarah – 07872 488714 sarah@theskdanceacademy.co.uk
	Clwb Drama (Oed 7-12)	Drama Club (Age 7 – 12)	6:00 - 7:30pm	13/01/2022	Wyth / Wkly	£40 term / £25 ½ Term	Bookwhen
Gwener Friday	Ysgol Berfformio Arius (4 - 10 Oed)	Arius School of Performing Arts (Age 4 - 10)	4:30 - 6:30pm	07/01/2022	Wyth / Wkly	Prisiau'n amrywlo Prices Vary	Steve - 01443 206708 aspa@ariusmusic.co.uk
	Ysgol Berfformio Arius (10 – 18 Oed)	Arius School of Performing Arts (Age 10 - 18)	6:00 - 7:30pm	07/07/2022	Wyth / Wkly	Prisiau'n amrywlo Prices Vary	Steve - 01443 206708 aspa@ariusmusic.co.uk

	Ymarfer Corff, Iechyd a Ffitrwydd	Exercise, Fitness and Health	Amser: Time:	Dechrau: Start:	Hyd: Duration:	Pris: Cost:	Sut i Ymrestru: How to Enrol:
Llun Mon	Dawnsio Llinell	Line Dancing	1:30 - 3:30pm	11/01/2022	Wyth / Wkly	£6.00 Y Sesiwn / Per Session	Linda – 02920 551996
	Pilates (Ar Lein - Trwy gyfrwng y Cymraeg)	Pilates (Online - Through the medium of Welsh)	6:00 – 6:40 pm		Wyth / Wkly	TBC	mikeebbsworth@gmail.com
			7:00 – 7:40 pm		Wyth / Wkly	TBC	mikeebbsworth@gmail.com
Ioga	Yoga	6:00 – 7:00pm	11/01/2022	Wyth / Wkly	£6	Bookwhen	
Mawrth Tuesday	Tai Chi	Tai Chi	10:00 - 11:00pm	11/01/2022	6	£42	Keith - 01873 831241 keithewers@btopenworld.com
	Tai Chi (Dechreuwyd)	Tai Chi (Beginners)	11:00 - 12:00pm	11/01/2022	6	£42	Keith - 01873 831241 keithewers@btopenworld.com

	Dawnsio Llinell (Dechreuwyr)	Line Dancing (Beginners)	1:30 - 3:00pm	11/01/2022	Wyth / Wkly	£6.00 Y Sesiwn / Per Session	Linda – 02920 551996
Mer Wed	loga Beichiogrwydd	Pregnancy Yoga	7:30 - 8:30pm	05/01/2022	Wyth / Wkly	£9 Y Sesiwn / Per Session	Michelle - 07861873588 pbbwales@gmail.com
Gwener Friday	Tai Chi Qigong	Tai Chi Qigong	9:30 - 10:30am	14/01/2022	6	£42	Keith – 01873831241 keithewers@btopenworld.com
	Dragon & Tiger Qigong (Dechreuwyr)	Dragon & Tiger Qigong (Beginners)	10:30 - 11:30am	14/01/2022	6	£42	Keith – 01873831241 keithewers@btopenworld.com

	Technoleg Gwybodaeth	Information Technology	Amser: Time:	Dechrau: Start:	Hyd: Duration:	Pris: Cost:	Sut i Ymrestru: How to Enrol:
L M	Cyfrifiaduron i Ddechreuwyr	Computers for Beginners	9:30 - 12:00pm	10/01/2022	12	Am Ddim / Free	Bookwhen
M T	Dysgu Sgiliau TG Newydd	Learn New IT Skills	1:00 – 15:30pm	11/01/2022	12	Am Ddim / Free	Bookwhen
Mercher Wednesday	ECDL	ECDL Core (BCS Level 2 Certificate)	1:30 – 3:30pm	12/01/2022	34	*£324	Bookwhen
	ECDL Pellach	ECDL Advanced	3:30 – 4:30pm	12/01/2022	20	£86	Bookwhen
	ECDL	ECDL Core (BCS Level 2 Certificate)	6:00 - 8:00pm	12/01/2022	34	*£324	Bookwhen
	ECDL Pellach	ECDL Advanced	8:00 - 9:00pm	12/01/2022	20	£86	Bookwhen
Iau Thu	IPads	IPads	09:30 - 12:00pm	13/01/2022	12	Am Ddim / Free	Bookwhen

*Gellir talu ECDL mewn 3 rhandaliad o £108 wedi'u gwasgaru ar draws hyd y cwrs /

*ECDL payment can be made in 3 instalments of £108 spread across the length of the course

	Ieithoedd	Languages	Amser: Time:	Dechrau: Start:	Hyd: Duration:	Pris: Cost:	Sut i Ymrestru: How to Enrol:
Llun Monday	Ffrangeg (Sgwrsio)	French (Conversation)	10:30 - 11:30am	10/01/2022	Wyth / Wkly	TBC	Bookwhen
	Cymraeg Sylfaenol i Helpu Cefnogi eich Plentyn	Basic Welsh to Help Support Your Child	12:30 - 3:00pm	10/01/2022	12	Am Ddim / Free	Bookwhen
	Almaeneg (Dechreuwyr)	German (Beginners)	1:00 - 3:00pm	10/01/2022	12	£81	Bookwhen
Iau Thu	Almaeneg (Canolradd)	German (Intermediate)	1:00 - 3:00pm	06/01/2022	12	£81	Bookwhen

	Diddordebau Eraill	Other Interests	Amser: Time:	Dechrau: Start:	Hyd: Duration:	Pris: Cost:	Sut i Ymrestru: How to Enrol:
Llun Mon	Super Choir	Super Choir	7:00 - 8:00pm	10/01/2022	Wyth / Wkly	Am Ddim / Free	Bookwhen
Maw Tues	Grŵp Camera Garth	Garth Camera Club	9.30 – 11.30am	04/01/2022	Wyth / Wkly	£20 Tymor / Term	Colin - 01443 202430
	Llês	Wellbeing	9:30 – 11:30am	11/01/2022	15	Am Ddim / Free	Bookwhen
	Gwerthfawrogi barddpniaeth	Appreciation of Poetry	6:00 – 8:00pm	02/03/2022	15	Am Ddim / Free	Bookwhen
Mer Wed	Gwau a Gwên	Knit & Natter	10:00 – 11:30am	11/01/2022	Grŵp cymdeithasol anffurfiol - dewch draw i gael clonc, nid yw gwau yn hanfodol Informal social group – come along for a natter, knit not essential		
	Grŵp Camera Olwg	Olgw Camera Group	10:30 - 11:30am	12/01/2022	Wyth / Wkly	£10 Term	Gary – 07800735241
	Grŵp Ukulele Garth Olwg	Garth Olwg Ukulele Group	5:30 - 6:30pm	05/01/2022	Wyth / Wkly	£40	Bookwhen
Iau Thursday	Hanes Teulu	Family History	10:00 – 12:00pm	13/01/2022	10	Am Ddim / Free	Bookwhen
	Gwella'ch sgiliau Gitâr	Guitar Improvers	4:00 - 6:00pm	13/01/2022	10	Am Ddim / Free	Bookwhen
	Ysgrifennu Creadigol	Creative Writing	6:00 - 8:00pm	13/01/2022	10	Am Ddim / Free	Bookwhen
	Gwerthfawrogi Nofel	Appreciation of a Novel	6:00 - 8:00pm	13/01/2022	15	Am Ddim / Free	Bookwhen
Gwener Friday	Cwrs Blasu Ysgrifennu Ffuglen	Fiction Writing Taster Course	1:00 - 3:00pm	04/03/2022	4	£30	Bookwhen
	Diogelwch Bwyd mewn Arlwy (Lefel 2)	Food Safety in Catering (Level 2)	9:00 - 16:30pm	17/01/2022	1	£30	Bookwhen
	Cymorth Cyntaf Brys (Lefel 3)	Emergency First Aid (Level 3)	9:00 - 16:30pm	01/ /2022	1	£45	Bookwhen
	Cymorth Cyntaf Pediatrig (Lefel 3)	Paediatric First Aid (Level 3)	09:00 - 16:30pm	07/03/2022	1	£45	Bookwhen